

Accelerated Strengths Coaching Course

INSTRUCTOR-LED TRAINING

Based on more than four decades of the study of talents, strengths and success, Gallup's Accelerated Strengths Coaching course is an invaluable opportunity to help you understand and apply the principles of strengths-based development to advance your coaching and help your clients learn, grow, develop and achieve personal and professional success.

Who Should Attend

This program is geared toward people who lead coaching conversations, including independent professional coaches, corporate coaches, executive coaches and leaders.

What You Can Expect

This advanced four and one-half day course will accelerate your coaching. You will gain tools, techniques and invaluable experience to help you help others understand how they filter their world. Two groundbreaking digital coaching kits are included in the price of the program: the Strengths Coaching Starter Kit and the Coaching Managers and Teams Kit. The tools, techniques, and educational resources in these kits, coupled with the educational experiences in the course, will assist you in helping your clients harness their strengths to achieve success. This course also includes an individual coaching session with a Gallup strengths coach.

During this program, you will learn how to integrate the principles of strengths-based development into your coaching by:

- applying your greatest talents in your role as a coach and integrating your strengths to become a more effective coach
- helping your clients understand their talents and how to use them to produce results and reach their goals
- helping your clients overcome obstacles, weaknesses and vulnerabilities
- educating clients about how to use strengths to transform their relationships
- helping individuals understand their unique strengths within the context of others
- providing managers with techniques for using strengths-based development to address specific team-related issues and challenges
- teaching teams to discover, develop and use their unique talents for greater team engagement and productivity

Professional Credit Hours

Participants who successfully complete this course can earn professional credit hours from ICF (34.5 hours), HRCI (34.5 hours) and SHRM (34.5 hours). For more information, contact CEU@gallup.com.

Program Format

Four and one-half day course

Prerequisites

None

Course Overview

Day One

What Is Strengths-Based Coaching?

Coaching Conversation One: Establish the Relationship

Coaching Conversation Two: Understanding Strengths Profile

Day Two

Coaching Conversation Three: Help Your Client Gain Appreciation for His or Her Talents

Theme Insights

Theme Dynamics

Coaching With Theme Dynamics

Day Three

Coaching Conversation Four: Help Clients Invest in Talents

Performance Management and Strengths

Individual Development Plan

Practice Coaching

Coaching for Performance Achievement

Situational Coaching

Day Four

Coaching Managers

Three Coaching Conversations With Managers

The Strengths of the Manager

The Individual Strengths of the Team

The Collective Strengths of the Team

Day Five

Coaching Teams

Four Team Strengths Coaching Conversations

Start With Talent; Finish With Strength

The Power of Strengths-Based Partnerships

The DNA of the Team

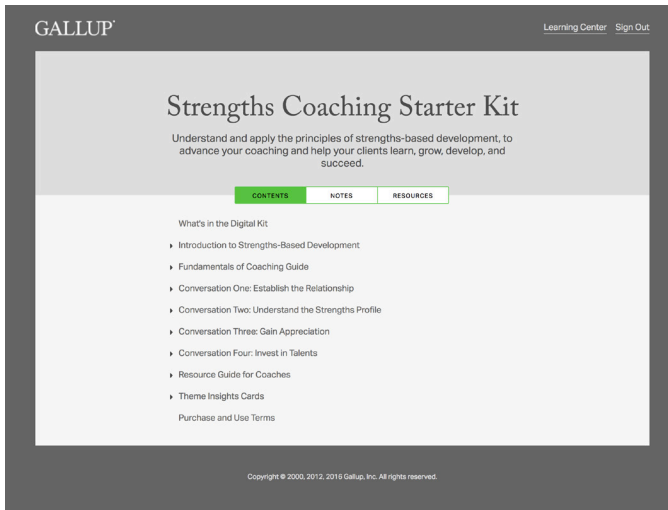
The Best of Us

Conducted at Gallup locations worldwide. Gallup can also deliver this course at your location for groups of 15 or more. Visit <http://courses.gallup.com> for upcoming dates, locations and tuition information or contact coaching@gallup.com with additional inquiries.

Participants who attend this course receive the following digital coaching kits:

Strengths Coaching Starter Kit

This digital kit will help you understand and apply the principles of strengths-based development, to advance your coaching and help your clients learn, grow, develop, and succeed.



This kit includes:

- Two informative guides provide fundamental concepts and techniques to use to coach others on their talents and strengths.
- Content and resources to support four fundamental coaching conversations.
- Resources to examine, learn, and integrate the 34 Clifton StrengthsFinder themes into your coaching.

Strengths-Based Coaching With Managers and Teams Kit

This digital kit will help you incorporate successful strategies and tools into your coaching to help managers and teams maximize their individual and collective talents to reach desired performance outcomes.



This kit includes:

- A guide that introduces you to the most important factors in creating a strengths-based team and a manager's vital role in this process.
- Content and resources to support three strengths-based coaching conversations with managers and four team coaching conversations.
- Resources to examine, learn, and integrate the 34 Clifton StrengthsFinder themes into your coaching.

The digital kits' robust content is catalogued and organized so that you can examine the topics you care most about and learn at your own pace.